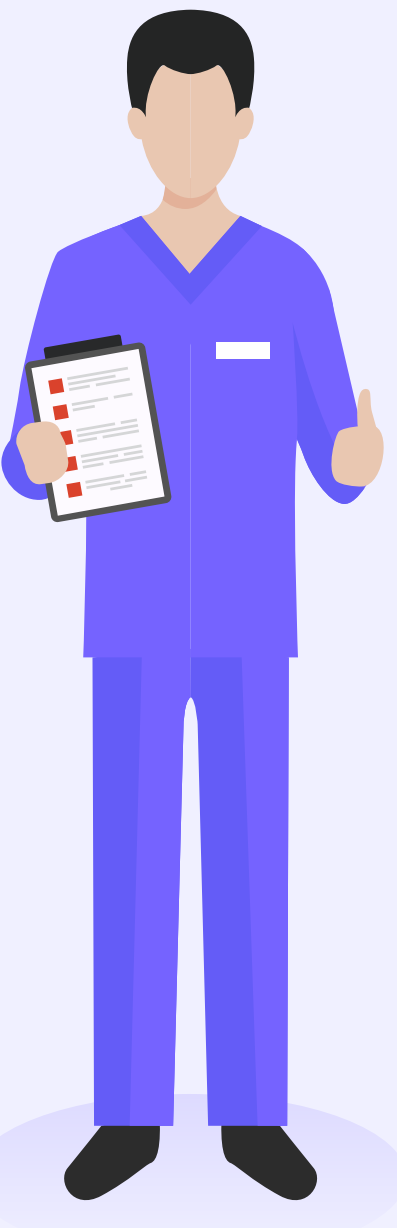


Keeping Employees Healthier Through

REMOTE WORK



1

Make Remote Workers Feel Valued and Involved

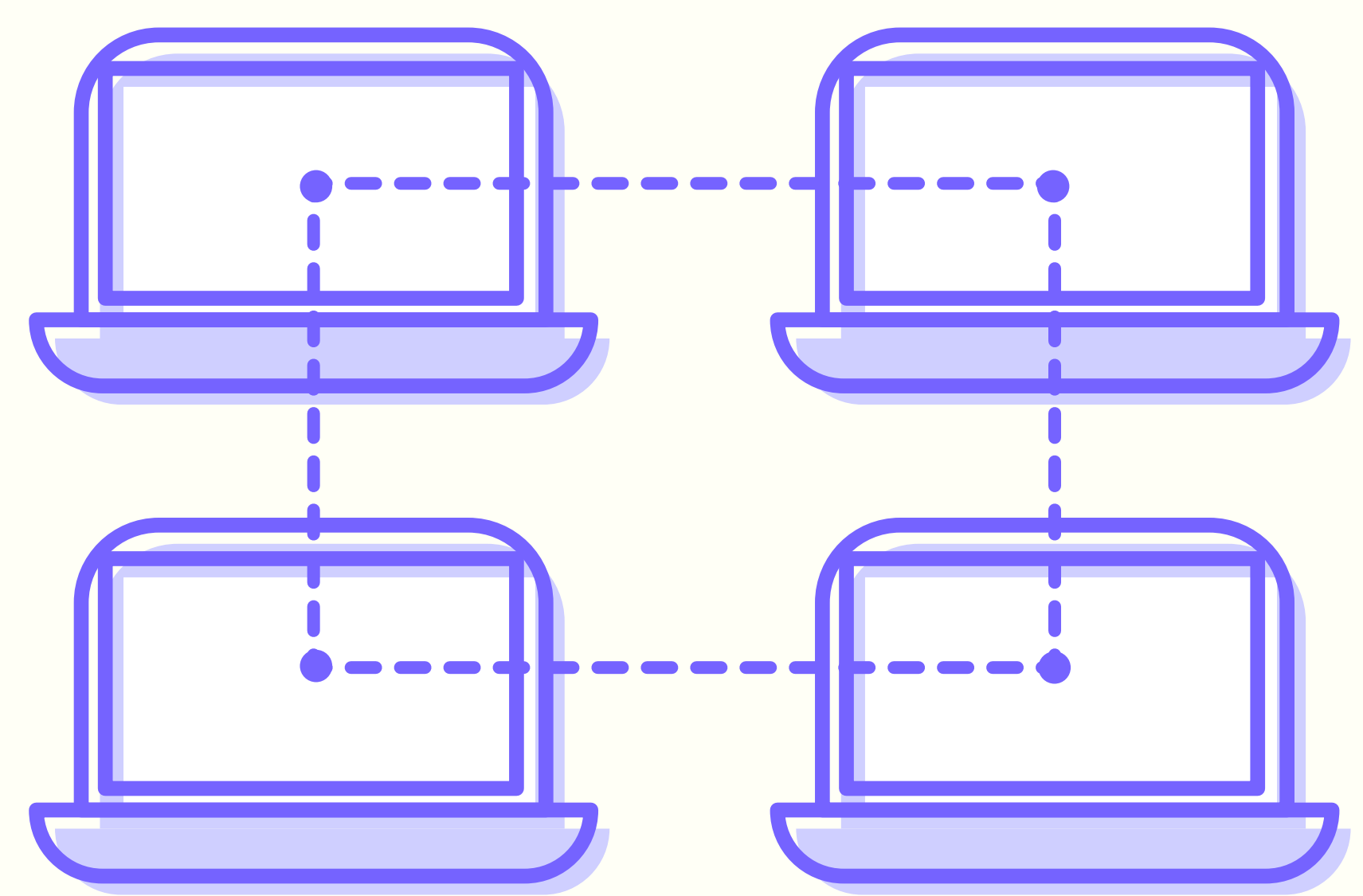
One of the biggest challenges in telecommuting is the sense of isolation and loneliness felt by many remote workers. A Buffer report, **“The 2020 State of Remote Work”** found that these feelings were widely reported by telecommuters. So, when someone starts working more from home in the wake of an illness, it might create some new problems, mainly related to feeling out of the loop.



2

Set Expectations Up Front

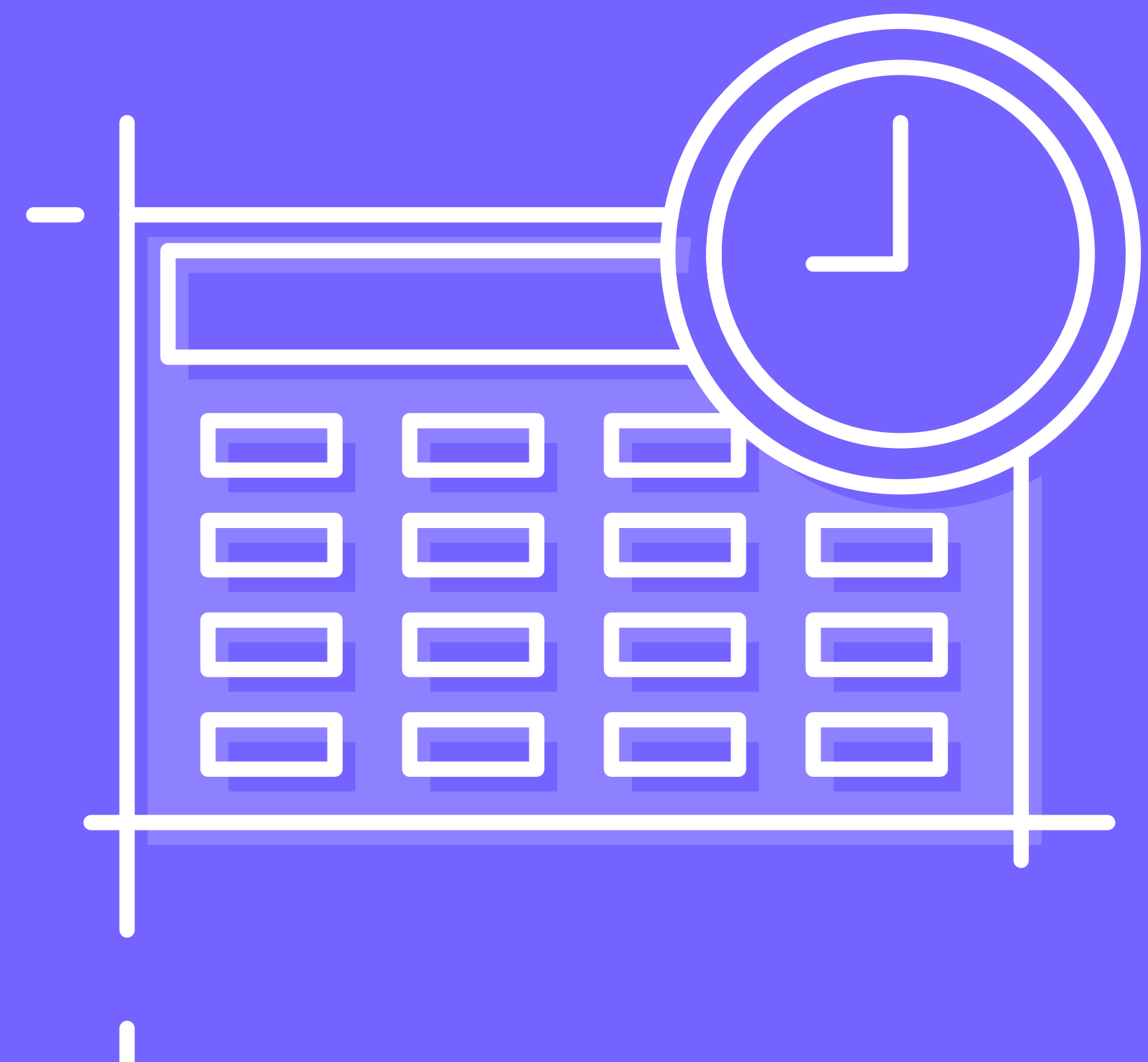
To begin transitioning to a **remote working** environment, you need policies and processes in place to keep remote workers connected and effectively contributing to assignments, projects, and overarching business goals.



3

Be Cognizant of Time Zones When Scheduling Meetings

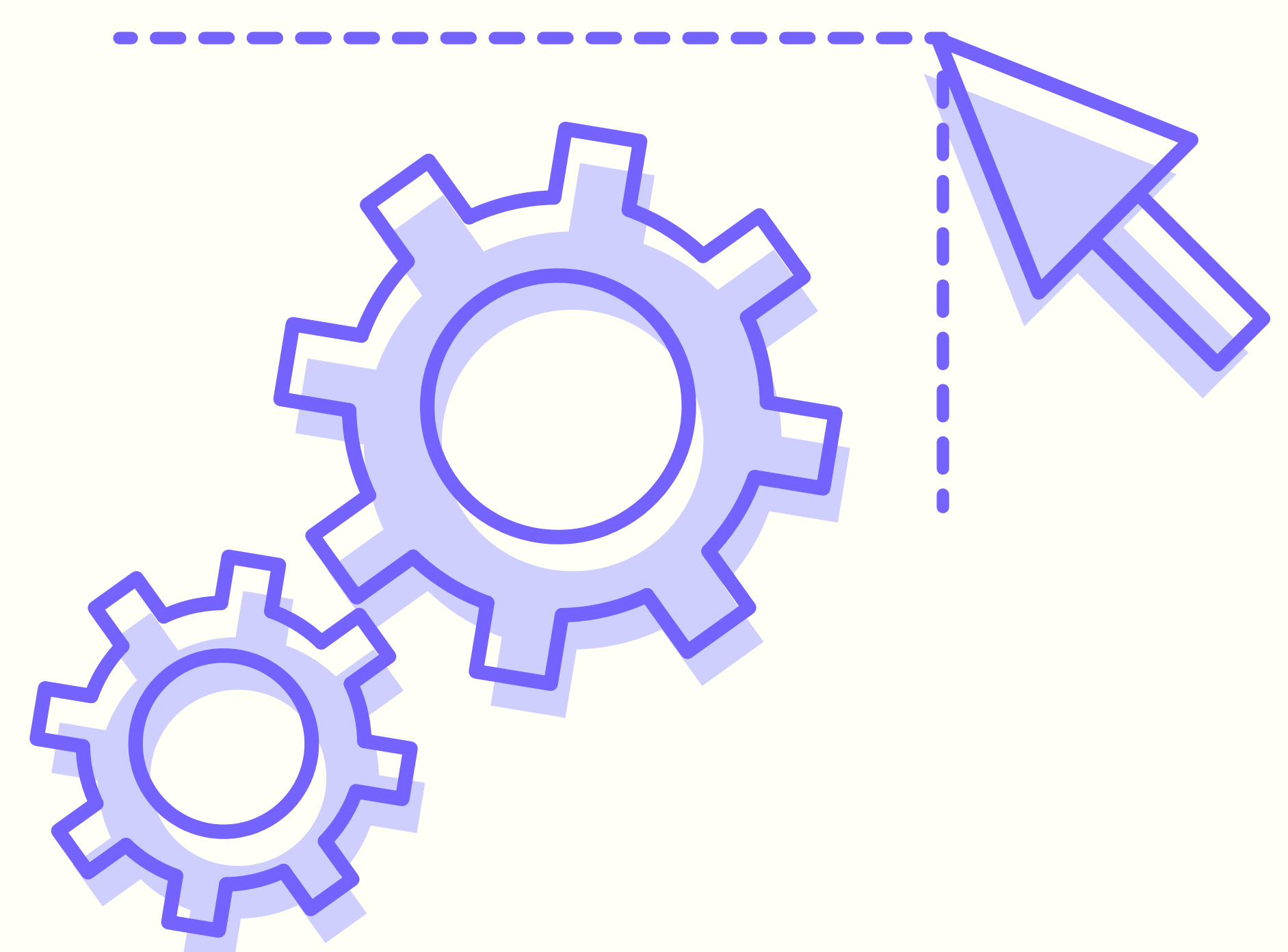
Once you start supporting **remote work**, time zones become more of a concern, since it's easier for people to choose when and where they work. Having employees spread across multiple time zones can make meeting scheduling tricky. An ideal time for Person A might be too early for Person B and too late for Person C.



4

Implement Versatile and Flexible Collaboration Tools

Whether a **remote worker** succeeds or fails will often hinge on the quality of their collaboration tools. For example, if the software they have to use has a steep learning curve or isn't deeply integrated with other applications, then simply communicating with others can become enough of a problem to eliminate any of the potential advantages of telecommuting.



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